Advances in Nutrition

AN INTERNATIONAL REVIEW JOURNAL

Perspectives, Including:
- Randomized trials in diet-related research
- A look at AREDS-2: Nutrition and cognitive function

Reviews, Including:
- Setting dietary guidelines
- Snacking and nutrition
- Flavonoids and immune function
- Pediatric methionine requirement

Review from ASN 2015 Symposia, Including:
- Nutrition in cardio-skeletal health

Nutrient Information: Niacin

Supplement: Is there a metabolic or cognitive benefit to the morning meal?

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